

CS Dance Factory

Offering classes in Zumba Dance Fitness (Adults), Zumba Gold (Seniors & Beginners), Zumba Kids & Toddlers, Stretch & Relaxation, Kids Performing Arts, Private Zumba Parties for Kids or Adults, Private lessons, Free Demos for Organizations, and Free Appreciation Mixers.

Classes for Adults

ZUMBA Dance Fitness Class (weekly on-going)

Ditch the Workout, Join the Party! Simple Latin dance steps in a high-energy, fun class!

CITY OF NEWPORT BEACH LOCATIONS:

Days	Time	Age	Loc	Instructor
M	7:30-8:30 pm	16-Adult	CYC (Community Youth Center)	Cathy/Sandy
W	7:30-8:30 pm	16-Adult	CYC (Community Youth Center)	Allyson
Sa	9:00-10:00 am	16-Adult	CYC (Community Youth Center)	Cathy/Sandy

** Session Prices vary; \$15 drop-in option; Multi-day discount available.

CITY OF COSTA MESA LOCATIONS:

Days	Time	Age	Loc	Instructor
M	6:00-7:00 pm	16-Adult	DRC (Downtown Rec Center)	Donna
Th	6:30-7:30 pm	16-Adult	DRC (Downtown Rec Center)	cancelled
M	7:30-8:30 pm	16-Adult	BCC (Balearic Community Center)	cancelled
W	7:30-8:30 pm	16-Adult	BCC (Balearic Community Center)	Cathy/Sandy

** Session Prices vary; Multi-day discount available per location

Classes for Kids

ZUMBA Kids Dance Party! (weekly on-going during school year)

A fresh dance alternative for after-school. Fun for Boys and Girls. Learn Hip Hop and Latin dance moves and rock out to latest contemporary music and Hip Hop music.

Days	Time	Age	Loc
M	3:30-4:15 pm	5-12yr	City of Costa Mesa NCC
W	2:15-3:15 pm	K-6 th Grade	ME (Mariners Elementary School)
Th	3:45-4:30 pm	5-12yr (not Winter; Parent 50%)	City of Newport Beach CYC
F	3:45-4:45 pm	K-6 th Grade	NE (Newport Elementary School)

ZUMBA With Me! (weekly on-going)

Bring your toddlers & have a blast Latin Dancing together! Lots of props & musical fun.

Days	Time	Age	Loc
Tu	10:15am-11:00am	2-6yr (Parent participation required)	City of Costa Mesa DRC
Th	11:20am-12:05pm	2-6yr (Parent participation required)	City of Newport Beach CYC
Sa	10:15am-11:00am	2-6yr (Parent participation required)	City of Newport Beach CYC

Music and Dance Performing Arts Class/Camp

Watch your boy or girl's self-confidence boom while developing their talent to perform on stage in multiple singing and dancing numbers. 5-12 yrs.

10 Week Class or 1 Week Camp \$150, \$25 Material Fee payable to Instructor
 Winter Class is Jan-March on Thursdays, 3:45-4:45pm at City of Newport Beach **CYC**
 Summer Camp is third week of August, M-F, 9am-Noon at City of Costa Mesa **DRC**

Classes for Beginners/Seniors

ZUMBA Gold Dance Fitness Class (weekly on-going)

Note: ALL adults welcome at our Gold classes. Step-by-step instruction given.

City of Newport Beach locations

Days	Time	Age	Loc	Instructor
M	9:00-10:00 am	55+	OASIS Senior Center	Cathy/Sandy
Tu	5:30-6:30 pm	55+ (Intermediate)	OASIS Senior Center	Cathy/Sandy
W	9:00-10:00 am	55+	OASIS Senior Center	Gina
Th	9:00-10:00 am	55+ (Intermediate)	OASIS Senior Center	Cathy/Sandy
Th	5:00-6:00 pm	55+ (Intermediate)	OASIS Senior Center	Gina
Fr	9:00-10:00 am	55+	OASIS Senior Center	Cathy/Sandy
Fr	10:15-11:00 am	55+ (CHAIR Zumba)	OASIS Senior Center	Cathy/Sandy

Tu	10:30-11:30 am	55+ (Beginning)	WNCC (West Newport Community Center)	Gina
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** See online for session lengths and prices.

Prices start at \$2.70 per class with multi-day discount.

City of Costa Mesa locations.

Days	Time	Age	Loc	Instructor
Tu	9:00-10:00 am	55+	DRC (Downtown Rec Center)	Cathy/Sandy
Fr	9:00-10:00 am	55+	DRC (Downtown Rec Center)	Gina

**Session Prices vary. See online for session lengths and prices.

Stretching & Relaxation Class (weekly on-going)

City of Newport Beach locations

Days	Time	Age	Loc	Instructor
Th	10:15-11:00 am	55+	OASIS Senior Center	Cathy/Sandy

CLASS LOCATIONS:

City of Newport Beach

View Newport Navigator and Sign up for all city and school classes on the city website at <http://www.newportbeachca.gov/index.aspx?page=207>

CYC -Community Youth Center , 3000 5th Ave (& Iris), CdM 92625, (949) 644-3165

OASIS Senior Center, 801 Narcissus Ave, CdM 92625, (949) 644-3244

WNCC-West Newport Community Center, 883 15th St W, NB, (949) 644-3151

Mariners EI- 2100 Mariners Dr, Newport Beach. (949) 644-3151 (City Rec Dept ph)

Newport EI - 1327 Balboa Blvd W, Newport Beach, (949) 644-3151 (City Rec Dept ph)

City of Costa Mesa

View Recreation Guide at <http://www.ci.costa-mesa.ca.us/CMRecreation.htm> fax, mail or walk-in NCC or DRC.

NCC - Neighborhood Community Center - 1845 Park Ave, Costa Mesa, 92627, (714) 327-7525

BCC - Balearic Community Center - 1975 Balearic Dr, Costa Mesa, 92626, (714) 754-5158

DRC - Downtown Recreation Center Gym, 1860 Anaheim Ave, Costa Mesa, CA, 92626, (714) 327-7560

CONTACT US AT:

For more information visit us at: www.CSDanceFactory.com, or contact us at:

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